

MASS OR WEIGHT MEASURE

METRIC SYSTEM			AVOIRDUPOIS EQUIV
1 MILLIGRAM (MG)			0.015 GR.
1 CENTIGRAM (CG)			0.154 GR.
1 DECIGRAM (DG)			1.543 GR.
1 GRAM (G)			15.43 GR.
1 DECAGRAM (DAG)			0.353 OZ.
1 HECTOGRAM (HG)			3.527 OZ.
1 KILOGRAM (KG)			2.205 LB.
1 TONNE			2204.62 LB.
AVOIRDUPOIS UNITS			METRIC EQUIV
1 GRAIN (GR.)			64.8 MG
1 DRAM (DR.)			1.772 G
16 DR.	= 1 OUNCE (OZ.)		28.349 G
16 OZ.	= 1 POUND (LB.)		0.453 KG
14 LB.	= 1 STONE		6.350 KG
28 LB	= 1 QUARTER (QR.)		12.700 KG
4 QRS.	= 1 HUNDREDWEIGHT (CWT.)		50.802 KG
20 CWT.	= 1 LONG TON		1016.5 KG
100 LB.	= 1 SHORT (U.S.) HUNDREDWEIGHT		45.36 KG
2000 LB.	= 1 SHORT (U.S.) TON		907.200 KG